



Connecticut Mental Health Center (CMHC), founded in 1966, is one of the oldest community mental health centers in the United States. A collaboration between the State of Connecticut Department of Mental Health & Addiction Services (DMHAS) and the Yale University Department of Psychiatry, CMHC provides recovery-oriented mental health services for over 4,000 people in the Greater New Haven area each year. It is also a center for scientific advancement in the understanding and treatment of mental health and substance use disorders.

CMHC embraces the highest values of **citizenship, partnership, clinical excellence**, and a **dedication** to the people it serves.

As a family member, you can be confident your loved one is receiving the best comprehensive, culturally and linguistically appropriate care available to support not only mental health and/or addiction needs, but the needs of the whole person. Through collaboration with many agencies, services are provided in areas of housing, educational support, work support, financial help, and peer support. Spiritual supports are available through the office of the Chaplain.

CMHC also works with Cornell Scott Hill Health Center to provide on-site medical care for those who seek it. The Wellness Center is a primary healthcare clinic located on the 2nd floor of our main location at 34 Park Street. This helps to ensure your loved one is receiving medical care along with their mental health care.

Families are an important part of recovery and care as reflected in the **Values Statement** of CMHC:

- **Excellence** in behavioral health care, education, research, and community service.
- **Responsibility** to our patients and their families for service with integrity and honesty.
- **Respect** for patients, families, staff, and communities of diverse cultural backgrounds.
- **Balance** among our missions of behavioral health care, research, education, and community.
- **Accountability** to our recipients of service, families, governing bodies, and the community for efficient and cost-effective use of personal, professional, and community resources.