

# be THE WE

What We Can Do with \$25—  
and more!

✔ \$25

Emergency financial assistance for food, personal care products, seasonal clothing, document filing fees

✔ \$50

Micro-grants for small innovative projects that deliver positive change in clinical care

✔ \$100

A CMHC Cycles refurbished bicycle, helmet, locks, and lights to support physical exercise and transportation independence

✔ \$250

A performance of Recovery Speaks, people in recovery sharing life wisdom with students in local schools

✔ \$300

A year of giving \$25 a month and membership in the CMHC Foundation Circle of Care

**Give today!**

[cmhcfoundation.org](http://cmhcfoundation.org)

**GIVE** *to support better health*   **LEARN** *about mental illness and addictions*   **SERVE** *to strengthen our community*

“We must promote — to the best of our ability and  
by all possible and appropriate means —  
the **mental and physical health** of  
all our citizens.”

— **President John F. Kennedy**

*special address to Congress for the establishment of community mental health centers*

FEBRUARY 5, 1963



**Connecticut Mental Health Center & Foundation**

*our community mental health center*

34 Park Street • New Haven • CT 06519 • [cmhcfoundation.org](http://cmhcfoundation.org)

